



15th-19th September, 2025

This Week at Glengowan

Homework

Home Learning Task Maps can be accessed at

<https://www.glengowan-pri.s-lanark.sch.uk/>

Homework tasks should be returned at the end of each week.

Week 1 Lunch Menu

<https://www.southlanarkshire.gov.uk/primary-menu>

Monday	Tuesday	Wednesday	Thursday	Friday
3-4pm P6 Football	Multisport Club 3-4pm	3-4 pm Netball	3-4pm P7 Football	Homework tasks returned today.

Happy Homework Study - Tuesday 16th

Some children from Rooms 14 and 15 are taking part in this study. Those participating have already completed consent forms. If you know nothing about this it is because your child is not taking part. The information below is from the University. Please note that we do not expect the children to come to school in shorts that day. A pair should be brought to school.

Fitting Devices

We plan to come into school **Tuesday 16th September**, as it allows the school to remind children on the Monday to come in the following day with **PE kit**, specifically **gym shorts or gym skorts only. No leggings or joggers please**, so that we can attach the small activity monitor (activPAL device) comfortably and discreetly to the child's thigh.

Here's what will happen on the day:

- We will take the children's **height and weight** (or allow them to self-report if they prefer),
- I will fit the devices (one on the thigh, and the other on their non-dominant wrist)
- A short questionnaire will also be completed by the children.



Communication with parents

I will send home an information pack with each child on device fitting day. They will have their devices for 8 days (fitted on Tuesday, collected back in the following Wednesday).

Open morning-Thursday 25th September

Invites for the P1-7 Open Morning, which takes place on Thursday 25th September, will be sent home. Please check your child's bag.