Glengowan Primary

Bullyproofing our School





- Bullying is best dealt with when Parents and School work together
- Your advice and information is important. We need to know and to talk together if we are to solve difficulties.

WHAT IS BULLYING?

Bullying is where an individual or a group of children continually harass/abuse/are aggressive towards/threaten one child.

<u>OR</u>

Where a larger child continually picks on a smaller child or vice versa.

It can take many different forms-

- Violence/aggression
- Assault provoked or unprovoked
- Verbal abuse/threats/name calling
- Being teased/pushed of pulled about
- Being ignored/left out
- Having your possessions thrown around
- Having untrue things/rumours spread
- Being laughed at/sneered at

It is impossible to cover every eventuality. Our advice is - if you, as an adult and a parent, feel there is a problem, **SHARE** it with us - the sooner : the better.

WHAT DO WE ADVISE CHILDREN TO DO IF THESE THINGS ARE HAPPENING?

TELL A GROWN UP - EVEN IF YOU ARE AFRAID

TELL - Parents

- Teachers
- Head Teacher or Depute Heads
- A Family Friend
- A School Friend
- School /Support Staff
- Anyone you can trust

How Do We Talk To Children About Bullying?

We hold regular Assemblies focussing on bullying and how it makes victims feel.

We hold Circle Time in classes where children can share their feelings and talk about what is happening in their lives.

We have a policy shared with all school staff. They refer any school issue to promoted staff promptly. Children are informed of this.

Promoted staff/teachers inform children regularly of how we expect them to use adults to solve conflict/bullying issues.

WORKING TOGETHER

Solving conflict/bullying issues can be difficult. It is always best dealt with when school and parents work together and give the same, consistent messages to the children.

WE TELL CHILDREN

- Always use adults to help solve these difficulties
- Be prepared to tell this isn't telling tales, but acting responsibly
- Be prepared to forgive/forget/move on
- Accept that we all make mistakes and everyone has a right to their own point of view
- If things don't stop tell again

WE TELL THEM NOT TO

- Hit back this often makes things worse and re-inforces the bullying behaviour.
- Involve others i.e. friends, older brothers and sisters this tends to make the situation worse.
- Keep things to themselves usually this means no change in the behaviour towards them.

HOW CAN YOU HELP US?

- Please let us know if you have any such concerns. We'll listen to you and let you hear our viewpoint.
- Give your child the same messages that we do. It is not helpful for a child to have different sets of advice. Speak to us about any issues, rather than attempt to solve school problems on your own or simply telling your child to 'stand up' for her/himself.

WHAT IS NOT HELPFUL?

Storing up worries of grievances simply doesn't work. Occasionally, parents will tell us that a situation has been 'going on for ages'. Please don't let this happen. Very often sharing concerns at an early stage stops them growing. In Glengowan, we 'log' all allegations of bullying so that we can discern any pattern, and use previous experience to help us. Very occasionally - children's quarrels reflect an ongoing parental situation. Similarly, we all know how important it is, not to become involved in the children's quarrels, but to act, in an adult way, to resolve any friction and support our youngsters in making or maintaining good relationships.

HOW DO WE TRY TO RESOLVE ISSUES?

• There is a difference between conflict and bullying issues.

Conflict issues are where there is no ongoing feud but children have fallen out.

In addition to formal discussions, teachers & promoted staff regularly speak to classes and groups. We constantly refer back to the 'E' (everybody has the right to be happy) contained in our Target. We speak to individuals and counsel them to manage and build friendships, or occasionally, to agree to stay apart.

Bullying issues are where there is an ongoing feud/bad feelings amongst children.

Where issues appear to fit that description, we will always involve and inform parents. Together, we try to identify problems and construct solutions. We explain these to children and give clear guidelines to

support them. We monitor the situation, in and out of class, and keep parents 'in the picture'.

Infrequently, we agree to involve external agencies, to support us and the children.

We try our hardest and we keep on trying.

